

Dear Partners,

This October, we proudly recognize Breast Cancer Awareness Month—a time to reflect on the strength of those affected by breast cancer and to shine a light on the incredible work of community organizations dedicated to cancer support.

In this edition, we'll be spotlighting the local organizations that provide critical resources, care, and hope to individuals and families facing the challenges of breast cancer. From support groups and counseling services to financial assistance and wellness programs, these community champions are at the forefront of empowering survivors and caregivers.

Thank you for being part of this mission and for your continued dedication to breast cancer awareness and support.

TABLE OF CONTENTS

Partner Spotlight	• P. 2
Support Groups	• P. 3
Resources	• P. 4
Upcoming Events	• P. 5
Thank You's	• P. 14
Director's Message	• P. 15

PARTNER SPOTLIGHT



The West Central Georgia Cancer Coalition (WCGCC) is a community of hospitals, physicians, public health departments, community organizations, businesses and concerned citizens in West Central Georgia, all working together to reduce the number of cancer deaths in our region.

WCGCC provides help to cancer patients and family members through:

Cancer Screenings

- Identification and recruitment of clients in the target population*
- Provision of financial assistance to eligible clients, as needed and available for screening procedures
- Assisting clients, as needed, in locating a provider and the scheduling of cancer screening appointments

Navigation

- Evaluation of all referrals for eligibility for services
- Provision of follow-up for all clients based on screening test results and clinician directions
- Referral to other community agencies as needed

Outreach/Education

- Promotion of community awareness of cancer prevention/control through education of:
 - Community groups
 - Potential individual/groups of clients
 - Other organizations such as WCGCC Board, schools, businesses, faith-based organizations, etc.
 - Healthcare professionals
 - Special projects (as available)

Advocacy

- Advocating for resources to help meet client needs and agency goals.

Counties Served:

Chattahoochee - Harris - Marion - Meriwether - Muscogee

Schley - Stewart - Talbot - Taylor - Troup - Webster -

Lee and Russell County in Alabama

West Central Georgia Cancer Coalition

3100 Gentian Blvd., Suite 007D Columbus, Ga 31907,

Phone: (706) 660-0317

Fax: (706) 660-1829

www.wcgcc.org

John B. Amos Cancer Center Supportive Service Programs

Cancer Wellness Programs:

- Art therapy with Painting with a Twist - Please RSVP to Cindy Berdoux at 706.320.8718
- Oncology Massage Therapy – Please RSVP to Cindy Berdoux at 706.320.8718
- Gentle Chair Yoga – Mondays 5:00 p.m. - 6:00 p.m. and Thursdays 2:00p.m. - 3:00p.m. Please RSVP Connie Flannigan 706.320.8829 or email at connie.flannigan@piedmont.org
- Look Good, Feel Good (LGFB)- For more information, please contact Mary Williams at 706.320.8762 or email at mary.williams1@piedmont.org.

Services:

- *Case Management Services*- Monday – Friday 8 a.m. – 5 p.m.; contact Arianna Smith 706.321.6603 or Janet Stevens 706.660.6304.
- *Counseling Services*- Please call Brian Jackson, Social Worker at 706.571.1368
- *Nutritional Services* – Registered Dieticians Julee Christie and Abbi Onate, please call 706.320.8700.
- *Smoking Cessation* – Appointments/RSVP only; contact Tenetta Holt @ 706.320.8618.
- *Patient Advocacy Group* – Quarterly rotation 10am-11am on Wednesday June 7th, Sept 6th & Dec 6th;
- if interested please contact Connie Flannigan at 706.320.8829.
- *Valet Parking (Uptown Valet, LLC)* – Monday – Friday 8:00 a.m.- 5:00 p.m. valet is provided. There is no charge to JBACC patients & visitors.

Support Groups:

- *Lung Cancer Support Group* – 2nd Thursday of each month from 10 a.m. – 11 a.m. Please call or email Kim Carroll at 706.320.8615 or email at kim.carroll@piedmont.org to reserve your place.
- *Breast Cancer Support Group* – 2nd Wednesday of each month from 12noon – 1 p.m.; if interested please contact Mary Williams at 706.320.8762 or email at mary.williams1@piedmont.org.
- *Gastrointestinal Disease Support Group*- 4th Wednesday of each month from 10 a.m. – 11 a.m. Please Call Tenetta Holt at 706.320.8618 or email at tenetta.holt@piedmont.org
- *Gynecological (GYN) Support Group* – 3rd Wednesday of each month from 12noon – 1 p.m., please call Kim Carroll at 706-320-8615 or email at kim.carroll@piedmont.org.
- *Man-to-Man Support Group* – 3rd Tuesday of each month from 12noon – 1 p.m., please call Brian Jackson at 703.571.1368 or email at Brian.Jackson1@piedmont.org.
- *Multiple Myeloma Support Group* – 4th Wednesday of each month from 12noon – 1 p.m.; please call Tenetta Holt at 706.320.8618 or email at tenetta.holt@piedmont.org.
- *Caregivers Support Group* – 2nd Thursday of each month 10 a.m. – 11 a.m., if interested please call Connie Flannigan at 706.320.8829 or email at connie.flannigan@piedmont.org.
- *Head & Neck Support Group* – 3rd Thursday of each month 12:30 p.m. – 1:30 p.m., if interested please call Kathleen “Abbi” Onate at 706.320.8731 or email at kathleen.onate@piedmont.org.

Resources:

- *Breast Screening Clinic*- please contact West Central Georgia Cancer Coalition (WCGCC) at 706.660.0317 to discuss details of program.
- *Regional Boutique* –Prosthesis, Mastectomy Bras, Post-op Camisoles, Wigs etc. Located on the 1st floor of JBACC, contact info 706.320.8766. Hours 8:00 a.m. - 4:30 p.m.

RESOURCES

Georgia CORE

Through Georgia CORE, the state's cancer community works together to increase access to clinical trials, discover more effective treatments, and improve the quality of cancer care.

50 Hurt Plaza, Suite 704

Atlanta, GA 30303

404-523-8735

www.georgiacore.org

American Cancer Society

250 Williams Street NW

Atlanta, GA 30303

800-227-2345

www.cancer.org

St. Francis Cancer Care Program

[St. Francis Cancer Care](#)

GEORGIA
core
CENTER *for* ONCOLOGY
RESEARCH & EDUCATION

UPCOMING EVENTS

~~SAVE
DATE~~



JOIN THE
CELEBRATION

OCT
18
2024

WWW.WCGCC.ORG

BREAST HEALTH EDUCATION



Dr. John Cutrone, MD



Dr. Curtrina Strozier, MD



Dr. Susan Westerlund, MD



Abbi Onate, RD, CSO



Dr. Vidya Maharaj, MD



Dr. Chasity Reese, DO



BRUNCH '24

11 AM

OCTOBER 12, 2024

**ST. LUKE MINISTRY
CENTER**

GET YOUR TICKETS TODAY AT
WWW.EARLIERDETECTIONINC.COM



BREAST CANCER AWARENESS LUNCHEON

Benefiting the
Elena Amos Breast Care Center

Presented by  radiology partners
GEORGIA

JOIN US
TUESDAY, OCTOBER 1



Piedmont
COLUMBUS REGIONAL
COLUMBUS, GA

Presents

“This Seasons BEST Fresh Vegetables and Fruits”

Free for Survivors, Thrivers, & Caregivers!

10am to 1pm
Monday - Friday

We are excited to have the opportunity to serve you!

Location:

1830 Shepherd Dr. Columbus, Ga

(Behind Marshall Success Center)

For More Information Please Call: 706-660-0317





**VALLEY HEALTHCARE'S
2ND ANNUAL**



**Hustle For
Health Center's**

5K

RUN/WALK RACE!
SATURDAY, November 2nd@8AM
REGISTRATION: \$35

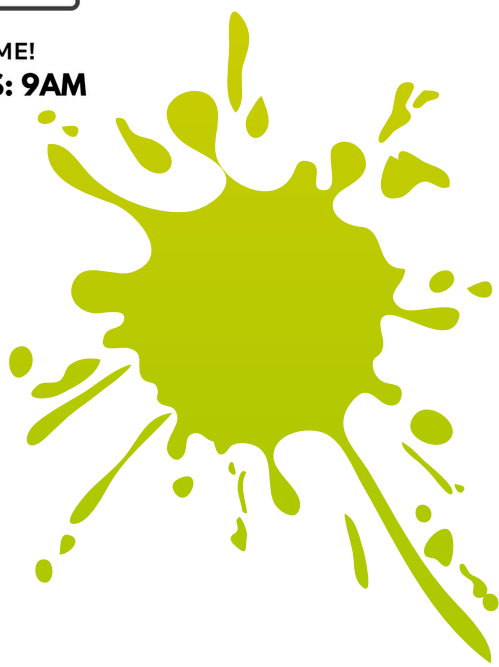
**More info &
registration:**



BIG DOG FLEET FEET
12 W. 11th St.
Columbus, GA 31901

SCAN ME!

REGISTRATION To Walk: \$30 To Run \$35 RACE STARTS: 9AM





Navigating Medicare

Medicare 101

FREE workshop on Medicare by certified counselor from Georgia State Health Insurance Assistance Program
under Division of Aging Services, Georgia Department of Human Services

- Comprehensive overview of Medicare Parts A, B, C, and D
- Guidance on eligibility and enrollment process
- Details on prescription drug coverage (Part D)
- Get your Medicare questions answered by certified experts
- Receive unbiased, neutral advice—no affiliation with any insurance companies
- No sales or solicitation of any insurance products

IN-PERSON SESSION

October 16, 11 AM - 12 PM

- Auditorium at Columbus Public Library

Address: 3000 Macon Rd
Columbus, GA 31906

ONLINE SESSION

October 23, 11 AM - 12 PM

- Join via Teams (Scan the QR code for the link)

Chenyu Zou, PhD
Chenyu.Zou@dph.ga.gov
706-321-6118

More Info



NEIGHBORHOOD HEALTH DAY

The Oakland Park
Neighborhood
Association in
partnership with
Valley Healthcare
System Inc.



- Flu Shots
- Screenings
- Free gift for all veterans who get a service

**November
2nd
10am-12pm**

Asbury United Methodist Church
2312 Ellen Ave. Columbus, GA 31903



**VALLEY
HEALTHCARE
SYSTEM**

Valley Healthcare Food is Medicine Program

This program is perfect for patients and community members on their wellness journey.

Join the Valley Healthcare Food is Medicine Program!

In this 6-month program, you will:

- Receive **FREE** weekly produce
- Attend culinary and nutrition education classes
- Attend regular wellness check-ups
- Learn how to garden at home in an easy, fun way

Join the Valley Healthcare Food is Medicine Program by scanning the QR code or by visiting <https://www.thefoodmill.org/cooking-class>



The Valley Healthcare Food is Medicine Program is supported by the following partners:



Valley Healthcare System
Inc.



Fresh. Healthy. Local.



Are you ready for Spooktacular 2024? We are looking for YOU!

We will be hosting Spooktacular at Lakebottom Park and would love to have you join us.

The event will be held on Saturday, October 19, 2024, 11 AM – 1 PM on 17th Street between 18th Avenue and Cherokee Avenue.

We are looking to have another great year. We have seen an average attendance of about 3,000 – 5000 children, and we are really hoping to have more this year.

Now this is where you come in. Does your organization love giving back and supporting the youth and families in our community? Are you looking for a new way to share your company/ business name but aren't sure how? Please come join us this year for a family friendly event that is sure to be lots of fun. We are looking for organizations willing to bring candy or other treats to hand out to the children in attendance. A space will be provided for your group and we would love it if you could do an activity in that space i.e., pumpkin bowling, go fish, face painting, hair decorating, etc. Please feel free to decorate your space as well in your own Fall or Halloween way and costumes are a plus If you feel inclined to come out in disguise.

For more information please contact:

Holli Browder, Columbus Parks and Recreation

706-225-4658 HBROWDER@columbusga.org

To register and join us for this year's event please visit :

www.columbusga.gov/parks

THANK YOU!



For National Preparedness Month we collaborated with our friends from Columbus, GA - Emergency Management & Homeland Security and United Way of the Chattahoochee Valley. Chance & Quincy presented emergency preparedness strategies to the community of MLK Elementary and provided weather radios!



— COLUMBUS —
family connectionTM
MUSCOGEE COUNTY

MESSAGE FROM THE DIRECTOR

I want to take a moment to reflect on the power of community and the remarkable organizations working tirelessly to support those impacted by breast cancer. This month, we are proud to spotlight the local organizations in our community that stand with survivors and their families every step of the way—offering resources, guidance, and hope. Their dedication reminds us of the incredible strength found within our community, and the impact we can have when we unite for a common cause.

As we honor those who are battling breast cancer, those who have survived, and those we have lost, I encourage you to support these invaluable community groups. Whether through donations, volunteering, or simply spreading awareness, your involvement is a beacon of hope for countless individuals.

Warm regards,

Zoe' Hightower