



# Recovery is possible for all.

As we step into Recovery Month, we come together to celebrate and honor the incredible journeys of resilience and transformation in both mental health and substance use recovery. This month is a time to recognize the strength of individuals who have faced challenges with unwavering courage and the collective efforts of our community in supporting their paths to wellness.

Recovery Month is not only a celebration of personal victories but also a reminder of the vital role that organizations like ours play in fostering hope and providing essential resources. By working hand-in-hand, we can amplify our impact, share valuable insights, and inspire others through our unified commitment to recovery.

Thank you for your continued partnership and dedication to making recovery possible for all.

## TABLE OF CONTENTS

Nonprofit Spotlight • P. 2

Upcoming Events • P. 4

Thank You's • P. 17

Director's Message • P. 18

# NONPROFIT SPOTLIGHT



## Our Mission

We believe God has called us to love and serve men and women experiencing addiction, homelessness, and/or incarceration as they transition back into our community.

We operate 5 campuses-

The **SafeHouse** is the day center and hub for SafeHouse Ministries. We opened our doors in November 2010 as a day center for homeless and formerly incarcerated men and women.

Open from 7:00 A.M. to 2:30 P.M., we offer:

- 12 step meetings and support groups
- Free breakfast (7:00-8:00 A.M) and lunch (11:30-1:00 P.M.) 365 days a year
- Clothing, transportation and a safe place to re-group to avoid old behaviors
- Computer training
- Job search classes on Friday mornings
- One-on-one counseling.
- Mobile clinic every other Tuesday each month from 7:30 - 11:30A.M. Piedmont Hospital provides medical screening and referrals to those in need.
- Warming station for anyone in need of shelter during freezing conditions where no one is refused and no questions are asked.



Phone: 706-322-3773

Email: [info@safehouse-ministries.com](mailto:info@safehouse-ministries.com)



[www.safehouse-ministries.com](http://www.safehouse-ministries.com)

**Freedom House** is a 104-bed transitional housing facility for men as they seek to become productive members of the community. Our goal is to work with clients to find employment and financial stability to sustain permanent housing. Residents receive meals, employment assistance and case management

**Grace House** is a 52-bed temporary housing for women and children who are transitioning back into the community.

**Trinity House** temporary housing for families who are experiencing or are at risk of homelessness. It is the only transitional facility in the Columbus area which is designed to keep families together as they go through a time of transition and work to regain financial stability and find a new place of their own.

We serve over 1200 people month in and month out as they transition from addiction, homelessness and incarceration back into our community.

**Tomorrow's Hope** is our FREE State licensed and CARF Accredited Intensive Outpatient Substance Abuse program.



# UPCOMING EVENTS



SAVE THE DATE

---

09.  
27.  
24.

---

speakers, live music,  
vendors, food trucks,  
prizes, narcan  
distribution and  
training, resources,  
and more!



**FREE!**

**SCAN ME!**



***Nutrition Classes & Cooking Demonstrations***

**Every Wednesday  
July 31st to Sept 18th  
11:00 am to 12:00 pm  
Harris County Family Connection  
Waverly Hall Gym  
372 O'Neal Drive  
Waverly Hall**

**Learn About:**

- Healthy Eating on a Limited Budget
- Meal Planning & Saving Money on Groceries
- Healthy Recipes
- Reading Food Labels

**Register Today!!**

**Etta Johnson  
762-822-9253**

**Etta.johnson@dph.ga.gov**

**Or visit:**

**<http://westcentralhealthdistrict.com/programs-services/snap-ed>**

This material was funded by USDA'S Supplemental Nutrition Assistance Programs (SNAP).  
This institution is an equal opportunity provider.



BEGINNING NEW OUTREACH

# FOOD DRIVE GIVEAWAY



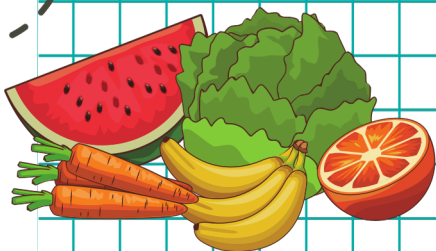
SEPT 14,  
2024

10:00-  
12:00

322 25TH AVENUE  
COLUMBUS, GA 31903

[WWW.BEGINNINGNEWOUTREACH.ORG](http://WWW.BEGINNINGNEWOUTREACH.ORG)  
FOLLOW US ON FACEBOOK AND IG @  
BEGINNINGNEWOUTREACH

FOR QUESTIONS CALL : 706-243-1126  
TRENISE HOLLOWAY



**PARENTS/CAREGIVERS:**

YOU have the power to increase valuable talk and promote your baby's learning and brain growth!

# Talk Builds Babies' Brains!

**A FREE 10-WEEK PROGRAM FOR FAMILIES  
WITH CHILDREN AGES BIRTH TO 36 MONTHS.**



During LENA Start, families use LENA's patented "talk pedometer technology" to measure their child's language environment.

Classes also include a parent kit, children's books and other incentives that you'll learn about during sessions.

**LENA  
START**

brought to you  
by Chattahoochee  
Valley Libraries



**Interested in  
learning more?**

Scan the QR code to register.  
To find out more, call 706 243-2688 or  
email [childrensoutreach@cvlga.org](mailto:childrensoutreach@cvlga.org).



**Chattahoochee  
Valley Libraries**

**In-person classes starting soon!**

**Wednesdays, 11am from Sept 18 - Nov 20**

**at the Columbus Public Library.**

**Childwatch provided. Space limited register today!**

**More groups scheduled throughout the year.**

- ***In-Person and Virtual Groups***
- ***Daytime and Evening Schedules***
- ***English and Spanish classes***

SEPT  
14<sup>TH</sup>

STARRING

THAT GIRL  
*Lay Lay*

# BACK 2 SCHOOL BASH

IT'S THE BIGGEST KID SHOW OF THE YEAR!

**KING  
MOORE**

**LIL  
ZAZA**

**SUPER  
SIAH**

**LANI  
LOVE**

**JOJO  
REDD**

**PRINCE  
MARK  
JACOBS**

**ROYAL  
ROSE**

DOOR OPEN  
**4PM**

**COLUMBUS CIVIC CENTER**

400 4TH ST, COLUMBUS, GA 31901

TICKETS AVAILABLE ON  
**ticketmaster**

ARTISTS AGAINST BULLYING

*Hope Harbour*

**CELEBRATION  
OF HOPE**

*45th Anniversary Gala*

**20 September, 2024**

six o'clock p.m. until  
ten o'clock p.m.

*Columbus Convention &  
Trade Center*

# Georgia **STRONG FAMILIES** Healthy Start

COMING SOON  
TO YOUR AREA

## THE HEALTHY START PROGRAM IS EXPANDING!

Georgia Strong Families is now serving pregnant women and families with children up to 18 months in the following counties:

Clay, Crisp, Dooly, Muscogee, Stewart,  
Sumter, Talbot, and Taylor

### Our Services:

- Case Management
- Prenatal & Childbirth Education Classes
- Group Workshops & Play Groups
- Health & Development Screenings
- Connection to local resources
- Baby Items and Other Incentives
- Fatherhood Education and services

SIGN UP TODAY!



FOR MORE INFORMATION  
OR TO ENROLL

**706 321 6322**



Columbus Health Dept  
5601 Veterans Pkwy  
Columbus, GA 31904



VISIT NOW

**bigdreamsga.org**



West Central Health District



# It's Your Future, GRAB IT!

## Discover Financial Control

& reduce your stress

### Interviewing now for our next sessions

# 706-323-5518

### Circles

A free long-term program to empower you to on your journey out of poverty and low-wealth.

#### You receive:

- a wealth of new knowledge
- connections
- personal support
- individual coaching
- free meals
- youth activities
- and new friends!

### Call us to learn more

Add to your Circles of Friends

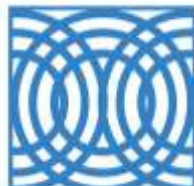


#### Results!

- 100% in phase 2 @ 12 months have an increase in income
- 100% choosing to work on credit scores had increases (11 individuals)
- cumulative increase in 13 months was 1042 points
- 52% were selected for new jobs

### Invest in yourself

## Long-term Program Brings Long-term Success



# CIRCLES

Columbus

Visit our webpage



You're invited to another  
great event in your community

# Ultimate Community Baby Shower

Thursday, September 26, 2024

5 pm - 7 pm

Columbus Public Library  
3000 Macon Rd  
Columbus, GA 31906

Baby shower for new  
& expecting moms



At no cost, diapers and wipes



Show your Amerigroup ID  
card to get a free baby  
blanket and cap



Raffle will be held every  
thirty minutes



Health Tips



Healthy Snacks



Amerigroup  
RealSolutions  
in healthcare



**\*\*WHILE SUPPLIES LAST \*\***



A representative from AMERIGROUP  
Community Care will be there to answer  
questions about member benefits and  
services.



Amerigroup  
RealSolutions<sup>®</sup>  
in healthcare

[www.myamerigroup.com/GA](http://www.myamerigroup.com/GA)

**Le invitamos a participar**  
en otro gran evento en su comunidad

# Ultimate Community Baby Shower

**Jueves 26 de septiembre de 2024**

5 pm - 7 pm

Columbus Public Library  
3000 Macon Rd  
Columbus, GA 31906

*Baby shower para nuevo  
y futuras mamás*



Sin costo, pañales y toallitas



Muestre su tarjeta de  
identificación de Amerigroup  
para obtener una manta y un  
gorro de bebé gratis



El sorteo se realizará cada  
treinta minutos.



Consejos de salud



Bocadillos Saludables



**Amerigroup**  
**RealSolutions**  
in healthcare



**\*\*MIENTRAS DUREN LAS RESERVAS \*\***

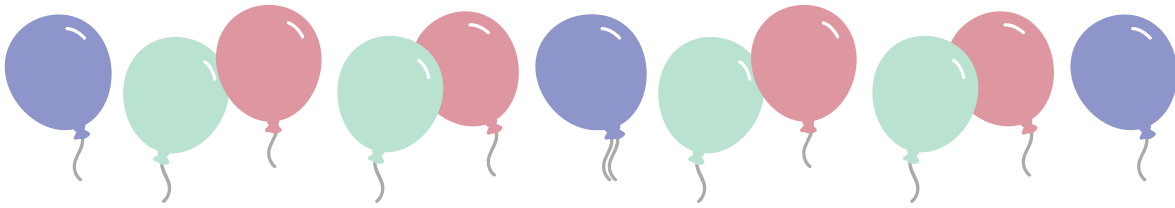


Un representante de AMERIGROUP Community Care estará allí para responder preguntas sobre los beneficios y servicios para los miembros.



**Amerigroup**  
**RealSolutions**  
in healthcare

[www.myamerigroup.com/GA](http://www.myamerigroup.com/GA)



 **Piedmont**  
COLUMBUS REGIONAL

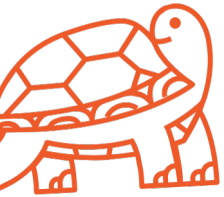
# Teddy Bear Clinic

**FREE EVENT  
FOR ALL AGES**

Saturday, September 7  
10 a.m. – Noon

**Piedmont Midtown Conference Center | 710 Center Street, Columbus, GA**

Bring your favorite teddy bear or stuffed animal to the Teddy Bear Clinic where you will learn about medical treatments and healthy habits in a fun and friendly way. We will have interactive activities on first aid and safety, ambulance and fire truck tours, and more!



Check ups for  
Teddy Bears include:  
Teddy x-rays, casting clinic,  
vaccinations, and more!



RSVP on Facebook  
Teddy Bear Clinic event page  
hosted by Piedmont Columbus  
Regional Foundation



SPONSORED BY



The Shelby and Wanda  
Amos Foundation



Bill and Olivia Amos  
Children's Hospital



Your  
Children's  
Miracle Network  
Hospital

# PARENT EDUCATION GROUP

For Pregnant Moms and Parents of Children aged 0 to 3 years

***JOIN US*** to discuss:

- Child Development
- Family Health
- Caring for baby
- Managing stress
- Community Resources
- And More

**Participation incentives:**

diapers, wipes, children's books, gift cards, baby items

yr.



***ALL SERVICES ARE FREE!***

**EVERY 2nd TUESDAY**

***On Zoom***

***6:30 pm – 8 pm***

***REGISTRATION  
REQUIRED!***

<http://tiny.cc/GSFparents>



For more information, contact  
Sharon Moore at (706) 225-6382

BASIC ADULT LITERACY CLASS  
@1021 43RD STREET  
(COLUMBUS TECH CAMPUS-PORTAL D)



# JOIN OUR CLASS

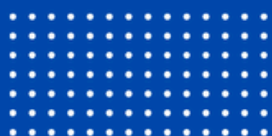
*FREE CLASS  
FOR ADULT  
LEARNERS*

*AGES 16+*

- READING
- MATH
- WRITING
- PRE-GED PREP
- BEGINNING  
COMPUTER SKILLS

**TUESDAYS &  
THURSDAYS OR  
9AM-NOON**

**MONDAY  
EVENINGS  
6PM-8PM**



706-223-0650 | [INFO@THELITERACYALLIANCE.ORG](mailto:INFO@THELITERACYALLIANCE.ORG)



SANDRA DUNAGAN DEAL  
**CENTER FOR  
EARLY LANGUAGE  
AND LITERACY**  
AT GEORGIA COLLEGE & STATE UNIVERSITY

## Volunteer Reader Training

Kindergarten Readiness  
Reading Buddy- FREE  
Community Members -\$20

Monday, September 9th  
11am-1pm  
Lunch Provided



You can  
change  
a child's  
life!

## Show You Care!

Becoming a Volunteer Reading Buddy is a great opportunity to improve future reading proficiency for youth in our community. KR is an 8-week program to improve vocabulary and basic literacy skills for Pre-K students at select Muscogee County Elementary schools.

Volunteers will receive training from the Sandra Dunagan Deal Center for Early Language and Literacy. The Volunteer Reader Training Program helps adult readers learn and practice evidence-based strategies to share stories through reading aloud with children. Free admittance for 2024-2025 Volunteer Reading Buddies. Register to attend here:

<https://forms.office.com/r/8mmqv3XH9D>



## KR Program Schedule

Volunteers Sign-Up (click or copy & paste the link below)

<https://forms.office.com/r/tGVQsAcm9i>

Volunteer Reading Training: Monday, September 9th 11am-1pm

Orientation: (Select One)

Monday, 9/2 11am, Fri. 9/6 @ 1pm, or Wednesday, 9/18 @ 10am

Program Dates: September 23, 2024 – November 8, 2024

Volunteer Information-Session:

Friday, August 2nd & September 6th @ Noon



[volunteer@theliteracyalliance.org](mailto:volunteer@theliteracyalliance.org) | 706-223-0650 | [www.theliteracyalliance.org](http://www.theliteracyalliance.org)

THANK YOU!



To those who were able to donate to our July Hygiene drive. We were astounded by your generosity! We have distributed the items to the Muscogee County School Repository, SafeHouse ministries, Parks and Rec and other organizations. Be on the look out for our next Hygiene drive!

Thank you to CareSource for hosting and inviting us to the Wellness Event held August 31st, there was such a great turnout! We look forward to the next one.





— COLUMBUS —  
**family connection**<sup>™</sup>  
MUSCOGEE COUNTY

## MESSAGE FROM THE DIRECTOR

Dear Friends and Partners,

As we embrace Recovery Month, I am both humbled and inspired by the collective efforts of our community in championing the journeys of those navigating mental health and substance use recovery. This month serves as a powerful reminder of the transformative strength found in resilience, and it highlights the profound impact that our combined efforts can have on individuals and families.

Recovery is a deeply personal and unique experience, and it is through our shared commitment and support that we can help illuminate the path to healing. Our work together not only provides essential resources and compassionate care but also fosters an environment where hope and recovery can truly flourish.

Thank you for your unwavering support and dedication. Together, we are making a difference and helping to shape a future where recovery is not just a possibility but a reality for everyone.

*Zoe' Hightower*